

Intro Star

Intro Star is an introduction to the Star Skate program, and the next option upon completing most or all of the Canskate program. If you are interested in improving skills beyond the CanSkate learn to skate program, Intro Star might be the best option. Lessons take place in the same manner as Canskate (small groups) but more advanced skills are taught. This is a transition program from Canskate to the Star Skate program.

Intro Star skaters are encouraged to skate a minimum of **two days** per week. There are two Intro Star sessions per week, but you can skate on other sessions, depending on availability or skill level. Please consult the chart below to determine which option you should register for.



