

2017/2018 SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GLACIER 2	PARADISE A	GLACIER 2	GLACIER 1	GLACIER 1	GLACIER 1	PARADISE A
4:00-5:30 SENIOR 4:00-5:10 FS 5:10-5:30 S/D/SP/FW	4:30-5:50 JUNIOR 4:30-4:50 S/D 4:50-5:40 FS 5:40-5:50 Stroking	4:00-5:15 INTERMEDIATE 4:00-5:00 FS 5:00-5:15 Stroking	4:30-5:50 SENIOR 4:30-5:40 FS 5:40-5:50 Stroking	6:30-7:50AM SR/INT	7:00-7:50 Pre-Juv Synchro	8:30-9:40 INT 8:30-9:30 FS 9:30-9:40 Stroking
5:30-5:40 FLOOD	5:50-6:00 FLOOD	5:15-5:25 FLOOD	5:50-6:00 FLOOD	GLACIER 2	7:50-8:00 FLOOD	9:40-9:50 FLOOD
5:40-6:50 INTERMEDIATE 5:40-6:35 FS 6:35-6:50 S/D	6:00-6:50 CANSKATE	5:00-6:25 JUNIOR 5:00-5:15 Stroking 5:25-6:25 FS	6:00-6:50 CANSKATE	4:00-5:35 SR/INT 4:00-5:00 FS 5:00-5:20 S/D 5:20-5:35 Stroking	8:00-9:30 JUNIOR 8:00-9:00 FS 9:00-9:20 S/D 9:20-9:30 Stroking	9:50-10:30 PRE-CANSKATE 9:50-9:55 Setup 9:55-10:25 Lesson 10:25-10:30 Teardown
6:50-7:00 FLOOD	6:50-7:00 FLOOD	6:25-6:35 FLOOD	6:50-7:00 FLOOD	5:35-5:45 FLOOD	9:30-9:40 FLOOD	10:30-10:40 FLOOD
7:00-7:50 PreNovice Synchro	7:00-8:20 SENIOR 7:00-8:00 FS 8:00-8:20 S/D/SP/FW	6:35-7:50 SENIOR 6:35-7:50 FS	7:00-7:50 Juvenile Synchro	5:45-6:50 PRE-JR	9:40-10:20 PRE-CANSKATE 9:40-9:45 Setup 9:45-10:15 Lesson 10:15-10:20 Teardown	10:40-11:30 CANSKATE
		GLACIER 1			10:20-10:30 FLOOD	11:30-11:40 FLOOD
		9:30-10:30 Adult Synchro			10:30-11:20 CANSKATE	11:40-12:50 SENIOR 11:40-12:40 FS 12:40-12:50 Stroking
					11:0-11:30 FLOOD	12:50-1 FLOOD
					11:30-12:50 INTERMEDIATE 11:30-12:30 FS 12:30-12:50 S/D	1:00-2:10 JUNIOR 1:00-1:15 S/D 1:15-2:00 FS
					PARADISE A	2:00-2:10 Stroking
					3:30-4:10 PRE-CANSKATE 3:30-3:35 Setup 3:35-4:05 Lesson 4:05-4:10 Teardown	2:10-2:20 FLOOD
					4:10-4:20 FLOOD	2:20-3:25 PRE-JUNIOR
					4:20-5:10 CANSKATE	3:25-4:20 Beginner Synchro
					5:10-5:20 FLOOD	GLACIER 2
					5:20-7:20 SENIOR 5:20-6:20 FS 6:20-6:30 Stroking 6:30-6:40 FLOOD 6:40-7:20 FS/S/D	7-9pm Open synchro

NOTES:
 FS-Freeskate
 S - Skills
 D-Dance
 SP - Spins
 FW - Footwork
 PREJR - Stage 5 and 6, Star 1
 SR - S/D/SP/FW NOT MADATORY, AT DISCRETION OF COACH

