



<b>Program Title:</b>	MPPSC Professional Learning Program
<b>Effective Date:</b>	October 2024
<b>Revised Date:</b>	July 12, 2025
<b>Program Owner:</b>	Vice President and treasurer

**Purpose:**

To enhance coaching skills and effectiveness, our MPPSC Professional Learning Program provides coaches and volunteers with ongoing support, training, and resources. This policy aims to improve coaching quality, create positive athlete experiences, and uphold organizational values and standards.

**Rationale of program:**

Our organization is committed to supporting the ongoing development of our coaches and volunteers. We provide resources, encourage training and support to enhance their skills and effectiveness, ensuring a positive experience for our athletes.

**Definitions:**

Athlete/skater: A person who participates in sports or other physical activities organized by our organization.

Club: A not-for-profit organization that is operating for the general purpose of providing Skate Canada skating programs and is managed by a volunteer board of directors.

Coach: An individual responsible for training and instructing athletes within the club registered in good standing with Skate Canada. For the purpose of this program, the coach must be registered with the Mount Pearl Paradise Skating Club, hold a current contract with MPPSC, or work regularly with MPPSC skaters

Coach Development: The process of providing coaches with resources, training, and support to enhance their skills and effectiveness in coaching athletes.

Member: Each person that meets the requirements of any of the three Member classes as defined in Article 3 hereof [of the Skate Canada bylaws] and that has been duly admitted as a member of Skate Canada.

Volunteer : An individual elected or appointed to serve on the MPPSC Board.

## **Program Statement and Procedures:**

### Program Statement:

Our organization is committed to supporting the ongoing development of our coaches and executive members. We provide resources, encourage training, and support to enhance their skills and effectiveness, ensuring a positive experience for our athletes and members.

### Procedures for Coaches:

#### 1. Coach Development Opportunities:

- Coaches have access to workshops, seminars, and online resources to enhance their coaching skills. Such as: Skate Canada e-learning, coach.ca courses, Sport NL courses, Skate NL seminars, Skate NL Workshops etc.
- Coaches are encouraged to pursue relevant certifications and qualifications, and can apply for financial support to cover the cost of video submission when completing their Regional, Provincial and National status.
- The Club will cover the registration cost for MPPSC coaches to participate in the annual Skate NL coaching conference. The coach must send an email stating their intent to participate to the Coaching Director and submit a receipt to the Club Treasurer.
- Coaches can be considered for financial support to attend and participate in the Skate Canada Summit by sending an email of intent to participate to the coaching director and submitting an expense claim to the club treasurer. Please see the table below regarding financial information.

Location	Amount of Financial Support for Travel & Accommodation	Meals
Western Canada	\$1500 per coach	Skate Canada per diem rate for days away except travel days.
Central Canada	\$1250 per coach	
Eastern Canada	\$1000 per coach	

\* All amounts within this policy are subject to review by the Board prior to each National Conference.

- The Club may take lost wages into consideration for a coach attending or participating in a professional development opportunity.
- Coaches are encouraged to declare their professional learning in their Locker via coach.ca when necessary.

2. Coaching Standards:

- Coaches are expected to adhere to Skate Canada's coaching accreditation and standards as stated in the [Skate Canada Coaching Guide](#).
- Coaches are encouraged to attend meetings and participate in communications to establish or to discuss coaching practices and share best practices.

3. Collaboration:

- Coaches are encouraged to collaborate with each other to share knowledge and experiences.
- Coaches can inform the coaching director of their professional learning experiences to be included in the monthly coaching report.
- Coaches will work collaboratively with athletes and families to ensure a positive and supportive environment.
- Coaches are encouraged to collaborate with stakeholders outside the Club in order to cultivate an environment that fosters peak performance and provides positive support for coaches and athletes. These stakeholders include but are not limited to off-ice staff, mentorship programs, technical specialists, judges etc.

4. Review and Revision:

- This program will be reviewed annually to ensure it remains current and effective.
- Any revisions to the program will be communicated to all coaches and stakeholders.

5. Resources:

- Coaches have access to relevant literature, research, and guidelines to support their coaching practices via Skate NL, Skate Canada, Coaching Association of Canada and the International Skating Union.
- Coaches are encouraged and required to use these resources.

**Scope of Program:**

This program applies to all executive members and affiliated coaches with our club, canskate in-training status or higher. It encompasses the provision of resources, training, and support for

coach development, as well as the establishment and maintenance of coaching standards. The program also covers collaboration with other coaches and stakeholders to enhance coaching practices and athlete experiences.

**Responsibilities:**

1. Coaching Association of Canada, Skate Canada and Skate Newfoundland Labrador:
  - Provide resources and support for coach development.
  - Establish coaching standards and expectations.
2. Coaches:
  - Participate in coach development opportunities.
  - Adhere to the organization's coaching standards, code of ethics and philosophy.
  - Collaborate with others to enhance coaching practices.
  - Follow appropriate procedures when attending professional development as stated in this document.
  - Engage in monitoring and evaluation processes for feedback.
3. Members:
  - Support coach development initiatives.
  - Provide feedback on their experience.
4. Club Board/Executive:
  - Encourage relevant and accessible coach development.
  - Support coaches in professional development.
  - Facilitate collaboration among coaches and stakeholders.

**References:**

[Coaching Association of Canada](#)

[Skate Canada Club and Skating School Operations Guide](#)

[Skate Canada National Coaching Certification Program](#)

[Skate Canada Coaching Guide](#)